THE LITTLE COVEN

Book Week activities

Eve's bravery spell

WHAT YOU'LL NEED

- small bottle or test tube
- sea salt (protection)
- cinnamon (happiness)
- sage (kindness)
- rosemary (strength)
- amethyst pieces (courage)
- rose petals (confidence)
- dried dandelion (wishes)
- red ribbon (optional)

WHAT TO DO

1. Use any of the ingredients or replace with your own.
2. As you add your ingredients to the bottle, say their meaning out loud and ask them to make you brave.
3. Tie a red ribbon around your jar and keep in a safe place in your room.

Florence's protection charm

WHAT YOU'LL NEED

- fabric scrap, 20cm x 20xm
- gold, red or black ribbon
- pen and paper
- mint (protection)
- feather (wisdom)
- shell (strength)
- forget-me-not (friendship) and/or daisy (positivity)
- tiger's eye or black tourmaline

WHAT TO DO

1. Use any of the ingredients or include your own.
2. On a strip of paper, write your protection wish.
2. Put your treasures in the middle of your fabric square.
3. Bring corners together and tie ribbon around the middle.
4. Hang your charm around your neck or in your room.

Sabine's crystal ball

WHAT YOU'LL NEED

- small glass/plastic jar with lid
- warm water
- clear glue or glitter glue
- extra glitter
- glitter stars (optional)
- food colouring
- hot-glue gun (optional)
- washi tape (optional)

WHAT TO DO

1. Fill your jar with about 80% warm water and 20% glue.
2. Whisk until combined.
3. Add glitter and stars.
4. Wait for water to cool then add lid (you can also glue it closed with a hot-glue gun).
5. Turn your jar upside down and decorate the rim with washi tape.

www.pennyharrison.com.au

www.vivianmineker.com

Hardie Grant

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